

Vermonters value one another. In our own homes, around our communities, and across the state, Vermonters take care of one another.

But too many Vermonters are not safe. Thousands of Vermonters experience domestic and sexual violence each year.

It's time to **uplift**
vermont



Every day, all across Vermont, people experience domestic and sexual violence. Research indicates that:

- **One in three women** and **one in four men** will experience sexual violence in their lifetime
- **One in four women** and **one in nine men** will experience domestic violence in their lifetime
- **19,000 hotline calls** were made by Vermonters seeking support and resources due to domestic violence or sexual abuse in 2019
- **~9,000 people** sought out in-person help in 2019
- For the past 25 years, **half of all homicides in VT** have been related to domestic violence
- In some years, Vermont has ranked in the **top 10 states in the nation** for our rate of domestic violence homicide

Domestic and sexual violence is preventable. We can do more to prevent this violence from hurting Vermonters.

We envision a future in which everyone is free from violence. Join the conversation and find how you can play a role at:

vtnetwork.org/uplift