

Recommended Reading

Books on Children & Domestic Violence

The Batterer As Parent 2e: Addressing the Impact of Domestic Violence on Family Dynamics

Lundy Bancroft, Jay Silverman & Daniel Ritchie, © 2011 SAGE

Moving beyond the narrow clinical perspective often applied to viewing the emotional and developmental risks to battered children, this book offers a view that takes into account the complex ways in which a batterer's abusive and controlling behaviors are woven into the fabric of daily life and the impact it has on family functioning. The authors cover the important but often overlooked area of the post-separation parenting behaviors of men who batter, including their use of custody litigation as a tool of abuse. This new edition also includes increased focus on diversity, expanded discussion of parental alienation theories, increased use of tables, and more case examples.

Boys Will Be Men: Raising our Sons for Courage, Caring and Community

Paul Kivel, © 1999 New Society Publishers

The author imagines a world in which our sons, not at the expense of our daughters, are successful in school, active participants in the life of their families, and responsible members of society --- not only able to get by but get ahead, and not only get ahead but get together with others to improve society.

Childhood Experiences of Domestic Violence

Caroline McGee, © 2000 Jessica Kingsley Publishers

This book focuses not on the incidents of physical abuse but on the context of everyday living -- abusive men seeking to control every aspect of the lives of women and children by using not only physical or sexual violence but also constant intimidation, humiliation and other forms of emotional or psychological abuse.

Children Who See Too Much: Lessons from the Child Witness to Violence Project

Betsy McAlister-Groves, © 2002 Beacon Press

For the last 10 years the author has been working with children traumatized by witnessing violence. This book shows how children understand, respond to, and are affected by violence, especially domestic violence.

Clover's Secret

Christine Winn & David Walsh, © 1996 Fairview Press

A children's book on family violence -- this is the secret that Clover learns to share in order to find hope for the future. This fantasy story supports children to deal with the realistic issues of domestic violence and low self-esteem.

How To Talk So Kids Will Listen & Listen So Kids Will Talk

Adele Faber & Elaine Mazlish, ©1980 Avon Books

This book is a guide for helping children deal with their feelings and foster cooperation. It provides alternatives to punishment, and encouragement for autonomy and self esteem.

Parenting by Men Who Batter

Jeffrey L. Edleson & Oliver Williams, © 2007 Oxford University Press

This book listens to the voices of mothers & fathers who speak about men's contact with and parenting of their children and examines court and mental health services perspectives on how much involvement violent men should have in the lives of their children.

Protecting Children from Domestic Violence: Strategies for Community Intervention

Peter G. Jaffe, Linda L. Baker & Allison J. Cunningham, © 2004 Gilford Press

This book provides an overview of the problem of child witnesses to domestic violence and considers the most promising assessment approaches. The importance of healthy relationships in school curricula and programs at elementary and high school levels is emphasized as a vital step in prevention. Also, the justice system and cultural

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diversity are focused on, along with the role of fathers' in their children's lives.

Raising Our Children to Be Resilient

Linda Goldman, © 2006, Brunner-Routledge

This book is a guide to helping children cope with trauma in today's world. Topics addressed include the impact of grief and trauma, bullying and victimization, school violence, working with kids and trauma, and trauma resolution techniques.

Real Boys: Rescuing Our Sons from the Myths of Boyhood

William Pollack, © 1998 Henry Holt & Company

This book explores this generation's *silent crisis*: why so many boys are sad, lonely, and confused although they may appear tough, cheerful, and confident. Conventional expectations about manhood are challenged, such as parents being encouraged to treat boys as little men, raising them through a toughening process that drives their true emotions underground. Until boys are allowed to experience themselves, they will be unable to develop the emotional stability & self-confidence needed to deal with issues such as depression, violence, sexuality and love.

Reviving Ophelia: Saving the Selves of Adolescent Girls

Mary Pipher, © 1994 Ballantine Books

According to the author, a clinical psychologist who has treated girls for more than twenty years, we live in a look-obsessed, media-saturated, "girl-poisoning" culture. Despite the advances of feminism, escalating levels of sexism and sexual harassment cause girls to stifle their intelligence and creative spirit, which, ultimately, destroys their self-esteem. Parents, advocates, teachers, and therapists, as well as girls themselves, will profit from this knowledge.

Trauma-Proofing Your Kids

Peter A. Levine & Maggie Kline, © 2008 North Atlantic Books

This book is a parent's guide for instilling confidence, joy, and resilience into their skills in raising their children. In addition to arming parents with protective strategies, the authors offer an antidote to trauma and a recipe for creating resilient kids no matter what misfortune has besieged them.

Trauma Through A Child's Eyes: Infancy through Adolescence

Peter A. Levine & Maggie Kline, © 2007 North Atlantic Books

At the core of this book is the understanding of how trauma is imprinted on the body, brain, and spirit, resulting in anxiety, nightmares, depression, physical illnesses, addictions, hyperactivity, and aggression. Rich with case studies and hand-on-activities, this book gives insight into children's innate ability to rebound with the appropriate support, and provides their caregivers with tools to overcome and prevent trauma.

What Jamie Saw

Carolyn Coman, © 1995 Front Street

Award winning novel for adolescents and teens on domestic abuse and child abuse, written from the point of view of an 8-year old boy.

When Dad Hurts Mom: Helping Your Children Heal the Wounds of Witnessing Abuse

Lundy Bancroft, © 2004 Putnam & Sons

This is a book for women who have faced intimate partner violence, and who are concerned about how their children have been affected by the events they have seen or heard. Here a counselor reveals how abusers interact and manipulate children, and how mothers can help their children recover from the trauma of witnessing abuse. Many readers will not be the abused mothers themselves, but friends, relatives, or professionals who are interested in finding ways to help a women in their lives, because they are worried for her children.